

CALIFORNIA DEPARTMENT OF STATE HOSPITALS

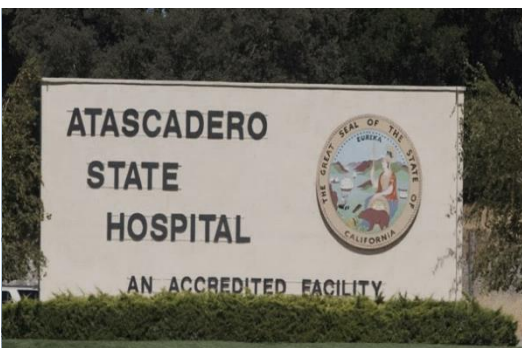
ANNUAL LOTTERY EDUCATION FUNDS REPORT



California Department of
State Hospitals

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Fiscal Year 2017-18



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Department of State Hospitals

Report to the Governor and the Legislature – Annual Lottery Education Funds

Pursuant to the Budget Act of 2017, AB 97 (Budget Committee), Chapter 14/22/54, Statutes of 2017, Control Section 24.60 and Government Code 8880.5, the Department of State Hospitals shall annually report to the Governor and the Legislature on Lottery Education funds.

Department of State Hospitals

Report to the Governor and the Legislature – Annual Lottery Education Funds

Contents

Executive Summary	4
The Department of State Hospitals	5
• <i>Overview</i>	5
Background and FY 2017-18 Summary of Lottery Projects	5
• <i>DSH-Atascadero</i>	6
• <i>DSH-Metropolitan</i>	7
• <i>DSH-Napa</i>	8
• <i>DSH-Patton</i>	8
Summary	9

Department of State Hospitals

Report to the Governor and the Legislature – Annual Lottery Education Funds

Executive Summary

Pursuant to the Budget Act of 2017, Control Section 24.60, the Department of State Hospitals (DSH) submits this report to the Governor and the Legislature regarding the allocation of Lottery Education funds for special education and/or adult education services for eligible individuals served by DSH.

DSH provides services to individuals in state hospitals who are moderately to severely disabled, with behavioral, psychiatric, and medical issues. The education programs at the state hospitals continue to focus on life skills training designed to help individuals develop techniques needed to function as independently as possible in the community. The DSH education programs place emphasis on basic skills for adult literacy, employment responsibilities, community living, personal health and wellness, and interactions with technology.

In FY 2017-18, the DSH budget included \$37,000 in Lottery funds to support special and adult education services for 989 patients. Of these 989 patients considered students for the purposes of the Lottery Education Funds, 93% received adult education services, and 7%, received special education services.

The Lottery Education funds were allocated amongst four hospitals that serve patients who are eligible for the specific categories of adult/special education programs: DSH-Atascadero, DSH-Metropolitan, DSH-Napa, and DSH-Patton.

Department of State Hospitals

Report to the Governor and the Legislature – Annual Lottery Education Funds

The Department of State Hospitals

Overview

DSH manages the nation's largest inpatient forensic mental health hospital system. The DSH mission is to provide evaluation and treatment in a safe and responsible manner by seeking innovation and excellence in state hospital operations, across a continuum of care and settings. DSH is responsible for the daily care and provision of mental health treatment of its patients. DSH consists of five state hospitals: DSH-Atascadero, DSH-Coalinga, DSH-Metropolitan (Norwalk), DSH-Napa, and DSH-Patton (San Bernardino). In FY 2017-18, DSH served approximately 12,000 patients, with an average daily inpatient census of approximately 7,000.

Background and FY 2017-18 Summary of Lottery Projects

DSH utilizes a quarterly school calendar that includes at least 210 days per school year. Average daily attendance for FY 2017-18 was 118 students (110 adult education and 8 are special education students).

Education services included various skills-based classes designed to meet clinical treatment objectives. Students may choose classes regarding daily life skills training, General Educational Development (GED) preparation, vocational training, academic skills, physical education, health, technology, and social skills. The core objective of these courses are to prepare patients for success in the transition to community living.

The following data represent the budget authority and final expenditures for DSH for FY 2017-18.

	Expenditures (\$)	Patients Served
Atascadero	5,500	453
Metropolita	10,000	125
Napa	13,500	216
Patton	8,000	195
	\$37,000	989

Department of State Hospitals

Report to the Governor and the Legislature – Annual Lottery Education Funds

DSH-Atascadero

DSH-Atascadero: Opened in 1954, DSH-Atascadero is located on the Central Coast of California in Atascadero (San Luis Obispo County). The hospital is a forensic mental health hospital and is a self-contained psychiatric hospital constructed within a security perimeter. The majority of the all-male patient population is remanded for treatment by county superior courts or by California Department of Corrections and Rehabilitation (CDCR) pursuant to various sections of the California Penal Code (PC) and the Welfare and Institutions Code (WIC). DSH-Atascadero primarily serves the following four patient types: Mentally Disordered Offenders (MDO), Coleman patients from CDCR, Incompetent to Stand Trial (IST), and Not Guilty by Reason of Insanity (NGI).

A broad overview of the treatment programs at DSH-Atascadero includes evaluation upon admission, community planning, intensive psychiatric care, cognitive restructuring, family interaction skills, self-governing skills, neurobehavioral evaluation and treatment, court readiness, substance abuse education, self-assertiveness, interpersonal communications, and social orientation.

DSH-Atascadero's vocational rehabilitation program offers patients the opportunity to learn work trades and job skills under the direction of trained vocational instructors. Through the Aztec Adult School curriculum, students can develop adult basic education skills, receive a high school equivalency diploma, or pursue advanced independent studies. Special education services are available to patients who qualify.

DSH-Atascadero FY 2017-18 Lottery Funded Projects

Lottery funds supported vocational education programs that foster the development of pro-social abilities along with work skills. These activities and training develop skills and knowledge needed for a patient's successful transition to the community.

Math, reading, writing, community living skills, as well as English Language Learning (ELL), are some of the programs offered through Aztec Adult School. Students are offered individualized instruction and encouraged to become lifelong learners. A variety of supplemental materials helped those with varying skill levels and challenges. These tools include reading software directed at pre-literacy through high school levels, Spanish language packs, teacher kits and student books.

DSH-Atascadero also used Lottery funds to provide service contracts for community members to teach supplemental programs. A contractor provided Creative Writing classes as an evening supplemental activity. Evening supplemental activities were intended to offer meaningful choices in leisure and education in an effort to engage patients with productive learning experiences and reduce aggressive incidents that tend to occur during evening hours.

Department of State Hospitals

Report to the Governor and the Legislature – Annual Lottery Education Funds

DSH-Metropolitan

Opened in 1916, DSH-Metropolitan is located in Norwalk (Los Angeles County). The hospital is an “open” style campus within a security perimeter. Due to concerns raised by the community, DSH-Metropolitan maintains a formal agreement with the City of Norwalk and the Los Angeles County Sheriff not to accept patients charged with murder, sex crimes, or high risk for escape. DSH-Metropolitan primarily serves the following four patient types: Lanterman-Petris-Short (LPS), Incompetent to Stand Trial (IST), Mentally Disordered Offender (MDO), and Not Guilty by Reason of Insanity (NGI).

DSH-Metropolitan implemented the Psychosocial Rehabilitation/Recovery (PSR) – treatment mall concept in 2003. Each of the hospital’s five programs has at least one PSR treatment mall. Within this framework, individuals participate in a holistic approach to treatment that helps set goals for recovery while more closely imitating life in the community. In the PSR treatment mall, staff and patients from multiple residential units come together to provide and receive mental health services. Similar in concept to a college curriculum, patients select from numerous skill-based classes that meet their specific treatment objectives. The classes are designed to teach daily life skills, vocational training, and education and social skills that overcome discharge barriers and prepare individuals for community placement. The PSR treatment mall is based on a Recovery Model of mental health services that emphasizes the central role the individual plays in their recovery through individualized evidence-based interventions, self-determination, and choice.

DSH-Metropolitan FY 2017-18 Lottery Funded Projects

Lottery funds supported the purchase of the annual LexisNexis license subscription which includes resources for patients that are internally pre-screened, access protected, and managed by DSH-Metropolitan staff. The students develop literacy skills as they are engaged in reading and researching their individual cases utilizing the specialized internal LexisNexis library. In so doing, patients are demonstrating a higher level of court competency and understanding prior to returning to face charges. Patients are also developing more independent living skills by becoming more active participants as they strive towards competency. These skills are relevant to supporting a patient’s transition back to the community.

Additionally, 231 books, periodical subscriptions, a satellite library and mobile library services were established for those patients having difficulty accessing the main patient library. The patient librarian visits specific units twice weekly to deliver requested books, reading and reference materials including pamphlets relevant to medical and mental health care.

Additional outdoor fitness equipment was purchased and installed in the central courtyard using Lottery funds. The equipment allowed students to participate in weekly exercise training routines where patients learned skills and applied basic principles for safe and successful performance of various exercises, identified major muscle groups, developed a fitness vocabulary, established a set of personal fitness goals, self-

Department of State Hospitals

Report to the Governor and the Legislature – Annual Lottery Education Funds

assessed their progress and learned about the benefits of exercise and the positive effects it has on recovery.

DSH-Napa

DSH-Napa is a forensic hospital located in Napa County. It opened in 1875 and is the oldest California state hospital still in operation, it has an “open” style campus with a security perimeter. The hospital primarily treats IST and NGI patients, as well as LPS civil commitment patients.

DSH-Napa offers a broad range of diagnostic, treatment, habilitation, and rehabilitation services. Depending on the assessed needs of the patients, several treatment modalities may be utilized to enable the patients to achieve their optimum personal and social functioning – both in the hospital and in the community.

Such treatments may involve pharmacological therapy; individual and group psychotherapy; educational, vocational and competency training; therapies such as independent living skills development; physical medical services; habilitation services like supportive and cognitive skills development; and leisure time activities.

DSH-Napa FY 2017-18 Lottery Funded Projects

Lottery funds supported the purchase of a large format specialty printer for the Continuing Education program. The printer is used to print large vinyl and canvas classroom materials, maps, posters, schedules, educational notices of new groups and educational activities. It also enables patients to develop graphic design and multimedia skills by allowing them to design materials and see the finished product.

DSH-Patton

DSH-Patton is located in Patton, CA, in San Bernardino County. Opened in 1893, DSH-Patton is the largest maximum-security forensic hospital in the nation that houses male and female patients. DSH-Patton provides treatment to forensically and civilly committed patients within an “open” style campus with a security perimeter. DSH-Patton serves the following four patient types: IST, LPS, MDO, and NGI.

Patients at DSH-Patton are assigned to one of four residential treatment programs. Treatment is delivered through a combination of unit/program based and centralized services. Patients and staff throughout the hospital come together to participate in programs in an environment that is culturally sensitive and strength-based. The goal of the Structured Treatment Program, maintained through Enhancement Services, is to operate centered on the current function of the patients served. Thus, treatment extends beyond the context of a building or place; its services are based on the needs of the patients, not only those of the program, the staff members, or the hospital. The goal is to promote patients’ personal wellness and an increased capacity to function in the real world.

Enhancement Services delivers and adds dimension within the Structured Treatment Program by providing job-training prospects through its Industrial Therapy and

Department of State Hospitals

Report to the Governor and the Legislature – Annual Lottery Education Funds

Supported Employment Program. Other vocational and educational opportunities are developed, piloted, continued or discontinued according to a dynamic understanding of changing patient needs and interests. Examples include experiences in a horticulture program, computer labs, culinary arts, craft entrepreneurs, academic skill building, bicycle repair, diversity awareness, leadership academy, basic English conversation, conversational Spanish and community integration. Additional treatment is provided by Enhancement Services, and includes arts in mental health, court competency preparation and a recovery lifestyles program to treat substance abuse.

DSH-Patton FY 2017-18 Lottery Funded Projects

Lottery funds supported the purchase of educational workbooks and DVDs to aid in the transitional and vocational planning discussions with special and Adult Basic Education (ABE) students.

DSH-Patton used Lottery funds for vocational services and to purchase the Easy Street Transitional Program supplies. The Easy Street Transitional Programs such as food services-hospitality, culinary arts groups and independent living classes as designed for individual development that can help with the transition to living in the community.

Lottery funds were also used to support DSH-Patton Education staff to attend CASAS (Comprehensive Adult Student Assessment System) 2018 Summer Institute to learn competency-based assessments of adult learners. CASAS measures the basic skills and the English language and literacy skills for English language learners, ABE learners and high school diploma candidates.

Summary

Lottery Funds support DSH's adult and special education programs with a focus on life skills training designed to help patients develop skills needed to function independently in the community. These programs place emphasis on teaching skills in the areas of work, community living, health, technology, and literacy.