

**STA DSH-Metropolitan State Hospital Contraband List**

'Contraband' means material, articles, or goods that patients are prohibited from having in their possession because such materials, articles, or goods present a risk. Any item or article of property that are illegal or poses a threat to the security and safety of the hospital, patients, employees, visitors, or the public. (Welf. & Inst. Code, § 7295, subd. (i); Cal. Code Regs., tit. 9, § 881, subd. (e).  
**Any article which may be or has been altered or modified from its intended use or presents a danger to patients, staff or visitors and creates a safety hazard. Any item that has been altered from its intended use is considered contraband. Any broken item is considered contraband.**

**Electronic Devices**

- Patients are prohibited from having personal access to, possession or on-site storage of any electronic devices with the capability to connected to a wired and/or wireless communications network to send and/or receive information
- Computers; single board computers or motherboards; cellular or satellite phones; PDAs; graphing calculators; and satellite, shortwave, CB or GPS radios.
- Wired methods such as Ethernet, POTS, and fiber optic devices.
- Wireless methods such as Bluetooth, cellular, Wi-Fi, and WiMAX.
- Devices without native capabilities that can be modified for network communication. The modification may or may not be supported by the product vendor and may be a hardware and/or software configuration change.
- Digital media recording devices, including but not limited to CD, DVD, Blu-ray burners.
- Voice or visual recording devices in any format. Items capable of memory storage, including but not limited to:
- Any device capable of accessible internal digital memory or remote memory access.
- Recordable disks, including but not limited to CDs, DVDs, Blu-Ray and CD-ROM.
- Universal Serial Bus (USB) devices (flash drives, jump drives, USB thumb drives).
- Hard drives, SIM cards, SD drives or cards, MicroSD, compact flash drives, SDHC, SHXC, and other insertable memory devices.
- Gaming devices with digital memory storage ability, the ability to access the internet, or the ability to play games or other media not specifically designed for the device.
- Floppy disks, hard disks, and vertical helical scan (VHS) cassettes.

**Permitted Items**

Portable Radio, Walkman	Limit is one (1). Examples: Radio player, locked MP3 player from Walkenhorst's are permitted. USB charging port permitted. Must be clear plastic. Not permitted: SD card slot
Hand-Held Game Devices (Without capability of internet connection)	Limit is one (1). Hand-held or all-in-one systems permitted if the game system does not have external storage capability, or ability to access internet, add additional content/data, or to play games/media not specifically designed for the device
Headphones/Earbuds	No metal. No noise cancelling equipment. Cord thickness will no be greater than 16 gauge. Cord length will not exceed 4 feet long
MP3 Music Player (Without recording or internet capability)	Purchase of device, songs, loading of songs, and shipping has no price cap limit. All MP3 players must be clear plastic.
Speakers	Cannot be detachable, no cords, must be smaller than 6x6x6inch, no Bluetooth or Wi-Fi
Hand-Held Game Devices (Without capability of internet connection)	Limit is one (1). Hand-held or all-in-one systems permitted if the game system does not have external storage capability, or ability to access internet, add additional content/data, or to play games/media not specifically designed for the device

**Prohibited Items**

A/V or Antenna cords longer than 4 feet	
Cameras	
Cell Phones	
Computers	
Devices with network, Wi-Fi, cell (internet) capability	
Digital media recording devices	
Extension cords or surge protectors	
Media storage device (hard drives, thumb drives, etc.)	
Satellite Radio	
Smart TVs or TVs capable of internet connectivity	
Video game devices capable of internet connectivity	
Voice or visual recording devices	
Non-Portable Music Player (Boom box)	
Speakers	
Electric Musical Instruments, Amplifiers	

Controlled Items	
Battery Chargers	Limit 1: Up to 4 slots for batteries allowed.
Electric Razor	State issued only- No Clippers
CD's /DVDs	DVD's must not be in patient possession at any time. To be utilized in the day hall TV, staff must check in and out.

PERSONAL CARE	
Permitted Items	
Band-Aids	Max width 1 inch; kept with patient's hygiene items. Custom Band-Aids, e.g., Spiderman, Superman or Hello Kitty.
Hair picks, Combs, Barrettes, butterfly clips, Hair Ties and Hair Bands	Permitted: <ul style="list-style-type: none"> <li>• Ouch-less rubber hair ties are and limited to 2 in possession. Excess may be stored in canteen hygiene box (Max 12).</li> <li>• Barrettes, Size 2 inches in length and 2 inches in diameter, plastic only and limited to 2 in possession (8 stored).</li> <li>• Max 2 Butterfly Clips, plastic only. No Alligator clips</li> <li>• Only hair bands with Velcro closure.</li> </ul>
Hairbrushes/ Comb	Hospital supplied only
Prescription Eyeglasses	No metal frames or glass lenses allowed. Plastic frame and plastic lenses only. If original ones are broken- hospital issued only.
Wigs	Must be fire retardant rating. All wigs (when not in use) must be stored inside the provided bedside wardrobe and/or dresser. If approved by PD due to medical necessity.
Wave Cap	Limited to two (2) per patient and no strings. Neutral Colors only- White, Black, Grey, Khaki
Prohibited Items	
All products which contains alcohol	
Cosmetic Pencil Sharpeners	
Cotton Swabs	i.e. Q-Tips
Dental Picks	
Disposable Razors	
Electric Toothbrush	
Hair clippers, electric shavers, nose hair trimmers, beard trimmers	
Hair Removing Chemicals	i.e. Nair
Medicated Lotions	
Luffas	
Nail Files	
Sex toys/devices	
Single braid-in hair extensions	
Spoolie Brush	
Mirrors	
Durags	
Bedding / Towels	Only state issued bedding and towels allowed
Items Controlled and Used Under Supervision	
No alcohol-based products	
Must be stored and locked when not in use. Staff must count items in and out during grooming.	
Hygiene Products	Permitted in storage: deodorant (2), soap (2), box of Kleenex (2), boxes of sanitary pads (2), boxes of tampons (2). Hygiene products containing hemp oil. Hygiene products with SPF.
Shampoo, Conditioner	Max 16 oz No metal or glass containers *No false eyelashes or adhesives * No sharpeners or items needing to be sharpen*
Cosmetics	<ul style="list-style-type: none"> <li>• Standard sized eye, brow or lip pencils no longer than 4".</li> <li>• Makeup brushes no longer than 4". If metal crimp no longer than ½ inch. Limit 5.</li> <li>• Retractable eyebrow/eyeliner pencil- plastic no longer than 6".</li> <li>• Eyelash curler – plastic only.</li> </ul>
Dental Floss	Distributed by nursing staff
Toothbrush	Not permitted: electric toothbrushes. Permitted: State issued plastic or flexible no longer than 3"

Hairbrushes	Hairbrushes with handles no more than 4 inches are - must be plastic- no metal
Hair Spray	Non-aerosol, plastic container only, no alcohol
Nail Polish/Nail Polish Remover (Non-acetone only)	No glass containers. Max 2 bottles in storage.
Oil-based hygiene products	

<b>Clothing &amp; Jewelry</b>	
Patients are required to wear clothing of proper size. Clothing may not be too large, too tight, revealing or offensive. Underwear must not be visible through opaque clothing or visible due to loose-fitting clothing, i.e., no "sagging" of pants, etc. Known gang members will be prohibited from wearing their gang colors. State issued clothing that has been altered or any clothing displayed in a manner commonly associated with gangs.	
<b>Permitted Items</b>	
State issued clothing only	Khaki pants/shorts • Khaki shirts • Hospital issued khaki T-shirts • Boxer shorts • White socks • Khaki colored jackets • Shoes with Velcro closures • Bras (no wire) • Khaki dresses • Pajamas or nightgown • Slippers
Hats	Hats/caps are limited to one basketball/baseball-style cap, one straw-type hat, one wave cap and one state issued beanie. Colors may only come in white, gray or khaki beige. Patients may be allowed to wear religious headwear with a written order from his/her physician. <b>Prohibited Items:</b> No metal in hats. No logos, No lettering or pictures of any kind.
Earrings	Only stud-type earrings are allowed and only two per ear maximum.
Rings	No more than one ring may be worn on each hand. Rings with sharp protrusions or cutting edges are prohibited
Sunglasses (Plastic only)	Sunglasses (no mirrored/reflective type) shall be worn outdoors only, unless the patient has an order from the eye clinic or unit physician for indoor use.
Belts	Hospital issued belts allowed only
Watches	No bigger than 38 mm face size. Plastic face only. 1 per patient. No metal watch bands
<b>Prohibited Items:</b>	
Bandanas	
Durags	
Body piercing jewelry other than a stud earring	No jewelry is allowed to be worn in any other body piercing, e.g., belly button, eyebrow, nose, lip, etc.
Necklaces, beads or other similar articles	Not permitted in accordance with the "no neckwear policy" established by DSH-M.
Laundry mesh bags with strings, cords or ties	
Pantyhose, nylons, knee highs, 100% nylon socks	
Scarves	
Underwire bra	
Shoelaces	
Shoes/ Boots with hard or steel toes.	
<b>Items Allowed Under Supervision and/or During Treatment Groups</b>	
Sweat bands, head bands, wrist bands	For use in exercise and sporting activities

<b>Food and Drink</b>	
All items must be shipped directly from a vendor. Packages must be factory sealed in original packaging. SHELF STABLE FOODS ONLY PERMITTED. NO REFRIDGERATED/FROZEN ITEMS	
<b>Permitted Items</b>	
Plastic Ware	20-ounce cups and tumblers made of flexible plastic only. 12-ounce bowl of flexible plastic only Patients are only allowed 2 tumblers and 2 bowls * Not to exceed 6 inches in diameter * No lids No thermos cups
Drink Mixes (Single serving only)	Decaf tea , Chocolate drink mix, Fruit flavored drink mixes. All items must be bag type, powdered.
Cookies	Individually wrapped / Snack size bags
Pastries	In sealed factory packaging
Granola	Dried items only
Crackers	No containers with foil wrapping/ cover

Cereal	
Chips	Snack Size only- No metal or foil wrapping/ lids
Fruit Cups	Plastic Cup- 4oz only
Soups	Dried soup only Top Ramen style soup only. No soups that require cooking by microwave or stove.
Herbal Teas	Purchased from Walkenhorst's only. Decaf only.
Soda	Caffeine Free * Only 20 oz max. Plastic bottle only.
Juice	16 oz max. Plastic bottle only.
Decaf Coffee	Instant powder or teabag only No more than 80 ounces allowed per package
Candy	In sealed unopened factory packaging. <b>Prohibited:</b> No liquor filled candy * No candy on sticks * No candy wrapped in foil * No candy with caffeine
Nuts, seeds and Trail Mix	In sealed unopened factory packaging <b>Prohibited:</b> No nuts or seeds that still have their shell
Peanut Butter	Individual packets only 1.5 oz max * No jars (Perishable items in jar)
Chocolate	Dark Chocolate
<b>Prohibited Items:</b>	
Alcohol	Beverages, hand sanitizer or any item including alcohol
Gum	
Fruits	Fresh
Aluminum Cans	
Aluminum Foil	
Caffeinated Beverages	
Energy Drinks	Rockstar, Monster, Ignite powdered drink mix, other caffeine beverages.
Foods needing refrigeration	
Glass containers	
Gum	
Plastic Bags - Zip Lock	
Baking Soda, Alum Powder or Similar	
Plastic ware / Thermos cups	No thermos cups * No lids
Utensils	State issued only

<b>Arts/Crafts/Stationary</b>	
All items must be shipped directly from a vendor. Packages must be factory sealed in original packaging.	
<b>Permitted Items</b>	
Books	
Coloring Books	No metal binding. No hard-bound books. Limited to 10
Magazines	
Pen	State issued plastic "Flexi" Pen, 3 in Limit two (2) books of first-class stamps. Pre-stamped embossed envelopes may be substituted for stamps.
Stamps	
Playing cards	
Mail	Personal Letter, post cards
<b>Prohibited Items</b>	
Balloons	
Colored Pencils	
Magnets	
Notebooks with metal binding	
Pencil Sharpeners	
Permanent Markers	
Toxic Glue	
Whiteout	
Needles	Sewing, Crochet
<b>Items Allowed Under Supervision and/or During Treatment Groups</b>	
Crayons	
Chalk	
Glue Sticks	
Highlighters	
Markers	
Modge Podge	
Non-toxic paint	
Board games	
Dominos	

Magic or similar substances capable of	
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<b>Other / Misc. Items</b>	
<b>Permitted Items</b>	
Religious Items	Bible (Size) , Rosary : We are verifying which items / materials can/are to be permitted.
Legal Correspondence	Court case materials, etc.
<b>Prohibited Items:</b>	
Photos	Any materials that depicts a rape, penetration, sadomasochist act, child erotica, or crime of violence.
Pornographic material Tattooing Materials	
Incendiary devices (matches, lighters) Identification items or financial payment methods	Must be sent to trust office
Portrayals of nudity	
Tobacco Products	
Metal Clothes Hangers	
Rope	
Wire	
Medical equipment	
<b>Items Allowed Under Supervision and/or During Treatment Groups</b>	
These items are to be stored away from patient direct possession.	
Yoga Mats, foam rollers, foam blocks	No detachable straps on yoga mats. • No solid weighted core in foam blocks or rollers
Games and sports equipment	