

Transitional Age Youth (TAY)

Family Assistance Program services include domestic violence services, court assistance, support groups, healthy relationships training and drop-in centers.

Office 866-770-7867 or 760-843-0701
Yucca Valley 760-913-3438
<http://Familyassist.org>

Rainbow Pride Youth Alliance services include safe space to meet and make friends as well as offer support groups and resources for LGBTQ+ youth, young adults and allies.

909-206-4830

<http://Rainbowprideyouthalliance.org>

About this Brochure

As patients transition to their community, it is important to connect with resources that may help them stabilize and offer critical support that are needed for recovery. This brochure is designed to provide patients and their loved ones with community resources that may be helpful upon discharge from DSH-Patton.

National Helpline

For additional information, referrals and resources call 211 or visit <http://211.org>.

Brochure was prepared by:

Dept. of Social Work: Social Work Specialty Services Team

To request additional brochures, please contact
Sandy Suarez, LCSW, Family Liaison, at
Sandy.Suarez@dsh.ca.gov

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Missing Person Locator

The Salvation Army's Missing Person Locator Service exists for the purpose of trying to restore family relationships by locating relatives who have become out of touch and to reunite people when all parties wish to find each other.

800-315-7699 or <http://saconnects.org/missing>

Mental Health

The San Bernardino County Dept. of Behavioral Health (DBH) provides mental health and substance use disorder services to county residents who are experiencing major mental illnesses and/or substance abuse issues and are uninsured or on Medi-Cal, and individuals experiencing a behavioral health crisis.

<https://wp.sbcounty.gov/dbh/>

ACCESS Referral Line

To find immediate assistance or services, call the 24 hours a day line, 888-743-1478

CRISIS AND URGENT CARE SERVICES

Community Crisis Response Team is a mobile crisis response program available 7am to 10pm daily.

CALL 800-398-0018 or TEXT 909-420-0560

Crisis Walk-In Centers and Crisis Stabilization Units are urgent mental health centers open 24 hours a day, 365 days a year including holidays.

Victorville 760-245-8837
Yucca Valley 760-365-2233
Fontana 951-643-2340
San Bernardino 909-361-6470



Community Resources: *San Bernardino County*



Department of State Hospitals-Patton
3102 E. Highland Ave.
Patton, CA 92369
<http://dsh.ca.gov>

NAMI

The National Alliance on Mental Illness (NAMI) is the nation's largest organization dedicated to improving the lives of people living with mental illness and their loved ones. NAMI offer various programs, peer support groups, family support groups, classes, and events focused on recovery from mental illness.

NAMI of San Bernardino

626-385-7520 or <http://namisb.org>

800-950-NAMI (6264) or Text "Helpline" to 62640

Veteran Services

Jerry L. Pettis Memorial Veteran's Hospital

11202 Benton Street; Loma Linda 92357

909-825-7084 main line or

909-825-7084 x5085 mental health line

<http://va.gov/loma-linda-health-care/>

San Bernardino Vet Center

356 East Vanderbilt Way

San Bernardino 92408

909-801-5762 (Monday to Friday)

877-927-8387 (24 hours/7 days)

Veterans and Their Loved Ones Crisis Line

call (800) 273-8255 or text 838255

Transportation

Omni Access and ADA Services

Americans with Disability Act mandated shared ride service in San Bernardino County.

800-966-6428 or

<https://omnitrans.org/services/access-ada/>

To find traffic, transit, biking, rideshare information dial the SoCal number 511

Housing

To find *emergency shelter* or if you are at risk for homelessness dial **211** for screening and referrals.

Community Action Partnerships of San Bernardino County

696 S. Tippecanoe Avenue; San Bernardino 92408

909-723-1500

Medical and Dental Care

SAC Health

Provides comprehensive care including medical, surgical, dental and behavioral health services for families of the Inland Empire and surrounding counties.

<http://Sachealth.org/>

Barstow 760-248-3072

Blythe 760-477-0733

Indio 760-347-3512

San Bernadino 909-382-7100

Murrieta 951-704-1066

Other Benefits

Social Security Administration

Administers and provides retirement benefits, disability and survivors benefits, Medicare, and Supplemental Security Income (SSI).

605 N. Arrowhead Ave.; Suite 101

San Bernardino 92401

800-772-1213 or <http://ssa.gov>

San Bernardino Transitional Assistance Department

Manages programs including CalWORKs, CalFresh, Medi-Cal, Welfare to Work, Child Care, Foster Care, Cash Assistance Program for Immigrants (CAPI) and General Relief.

877-410-8829 or <http://benefitscal.com>

Food

Community Action Partnerships of San Bernardino

909-723-1500 or <http://capsbc.org>

Feeding America Riverside and San Bernardino

<http://feedingamericaie.org/get-help>

951-359-4757

Senior Meal Nutrition Programs

800-510-2020

CalFresh is a program that helps people buy food. If eligible, you will receive a debit card (EBT card) that can be used at most grocery stores and farmers' markets.

877-847-3663 or <http://getcalfresh.org>

Suicide & Crisis Lifeline

The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you and your loved ones.

Call or Text 988 or <http://988lifeline.org>

Substance Use

Rehab.com

800-985-8516 or <http://rehab.com/california>

Rehab.com is a nationwide directory of facilities and addiction treatment centers as well as has a library of free recovery resources.

Substance Abuse and Mental Health Services Administration (SAMHSA)

800-662-HELP (24 hours/7days)

Text "HELPL4U" to 435748

This service provides referrals to local treatment facilities, support groups, community-based organizations.